

HEALTHY VISION *and* CONTACT LENSES

Let's start with the basics...

A contact lens is a medical device and can be worn to correct vision, as well as for cosmetic or therapeutic reasons. In the United States, all contact lenses require a prescription by a licensed professional.

Choosing the right lens for you...

Daily Disposable Contact Lenses

The healthiest way to use contact lenses is to wear for one day, then remove and throw away prior to sleeping. These are convenient because there is no need to clean, disinfect, or store the lenses. A fresh lens each day eliminates any sources of contamination.

Frequent Replacement

These lenses are removed nightly, properly cleaned and stored for re-use, and later disposed of on a regular prescribed schedule.

Lenses for Overnight Use

While some lenses are approved by the FDA to be slept in, it is important to note sleeping in any lens significantly increases the risk of complications, including eye infections. It is also important to note that not all patients can achieve the maximum wear time.

An individual who desires these lenses are first evaluated without sleeping in them. If successful to that point, a gradual introduction to overnight wear occurs.

DO's and DON'Ts for Handling and Wearing Your Contacts

DO

Wash and rinse your hands, then dry with a lint-free towel. Avoid soaps containing lotions, moisturizers, and oils.

DO
NOT

Expose contact lenses to any water. Some of the worst infections arise from contaminant with tap or pool water.

DO

Follow all tips and recommendations regarding daily wear time and lens replacement. They have been established for your own health and safety.

DO
NOT

Use a lens that is damaged or torn, or if the sterile blister packaging is damaged. Do not wear someone else's lenses.

DO

Remove your lenses immediately if you experience pain or discomfort, excessive tearing, visual changes, redness.
When in doubt, take 'em out.

DO
NOT

Wear your lenses beyond the prescribed wear schedule, as serious complications may occur, including loss of vision.

Contact Lens Solutions and Cases

Disregard if wearing single use, daily disposable lenses as they require no solutions or case use

- Use only your prescribed solution to clean and store your lenses. It was chosen due to its compatibility with your prescribed lenses. Saline solution is not a disinfectant and cannot be used to store lenses.
- Never re-use or "top off" solution. Lenses require fresh, clean solution each night to properly clean and disinfect them. You should use one 10-12 oz. bottle per month.
- Bacteria can quickly and easily grow in contact lens cases. It is important to properly clean your case daily, and replace your case monthly.
- After putting on your lenses, dump out any remaining solution, rinse and rub with fresh solution, then store your lens case with the lids/caps off, all upside down.

Eyedrops and Contact Lenses

Use only contact-lens approved drops, when necessary. Dr. Baker's favorite rewetting drops are Refresh Optive or Oasis Tears.

Contact Lens Fees

All comprehensive eye examinations include a full assessment of the ocular health and visual status of an individual.

Any individual who also wears contact lenses requires additional evaluation, testing, consultation, and sometimes follow-up care beyond a regular comprehensive eye exam. This additional service varies in cost based on the degree of complexity and expected consultations, and is rarely covered by insurance companies since contact lenses are an elective option for patients.

- Annual contact lens evaluations and associated fees, in addition to your regular eye exam, will ensure your eyes are responding well to your current lenses – both visually and in health. If no or minimal changes are made, the eye is remaining healthy, the lens and its fitting is still acceptable, and the lens design and material still suits your visual needs.
- Contact lens training fees apply to new wearers and include a training class for instruction on proper application and removal, as well as care and cleaning techniques.
- Contact lens fitting or refitting fees apply to new, first-time wearers, as well as when a different lens is needed to be tried. On occasion, a once-successful lens no longer is keeping the eye in pristine health or visual standing and must be changed. Prescription changes may necessitate a new lens design. All new lenses are prescribed first on a trial basis, and if later approved by you and your doctor, can be ordered. Follow up care is expected and included in the fitting/refitting fee, up to a period of 90 days.

Your Prescribed Lenses

have been approved today for a [] full, annual supply [] partial, temporary supply

and should be replaced every DAY WEEK TWO WEEKS MONTH OTHER:

For reused lenses, your prescribed cleaning solution is:

As required in the state of Ohio, your contact lens prescription will expire one year from date of issue, and will be provided to you anytime needed. After this period, you are due for routine comprehensive examination, as well your contact lens evaluation.

CALL OUR OFFICE if your eyes become red, irritated, painful, or your vision changes rapidly.

If an infection is suspected, remove your lenses, and call our office for an appointment – same or next day guaranteed.

Your investment and savings:

Professional fees (includes insurance copays/consultation/evaluation fees) \$ _____

Number of Boxes: multiplied by Price per box: equals \$ _____

7.00% Sales Tax (Ohio is actively trying to eliminate tax on medical devices – stay tuned!) \$ _____

If eligible, your insurance company will contribute \$ _____

Your out-the-office total: \$ _____

PLUS, manufacturer mail-in-rebate savings of an additional \$ _____

Five great reasons to buy a full supply of your lenses from our local business office and professionals:

1. Let our professionally trained staff take care your order and prescription details.
2. Our pricing, combined with manufacturer rebates, is often equal to or LESS than online retailers.
3. Free shipping direct to your house in less than a week.
4. Free spare set of replacement contacts, if needed, prior to next exam.
5. Free contact lens cases anytime and a travel-size contact lens solution kit (when available)

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